



Fresco Adventures Winter 2025

It's not too cold to get outside and play during the winter.
Join us for the fresh air and sunshine!

Visit the [*Fresco Adventures Meetup*](#) site for the latest events. Join today
to begin exploring nature with a group of fun outdoor people.



FRESCO = Fun Reasons Everyone Should Come Outdoors!



UPCOMING EVENTS

Outdoor Fun

January 5: Hike the trails at Anne Marie's Garden in
Solomon's Island, MD

February 2: Urban walk in Old Town Alexandria, Virginia

March 9: Hike Rock Creek Park and the National Zoo in
Washington, DC



Health and Wellness

Join us for 7 days to a healthy lifestyle living

Lose the waste, weight, and waist!

Program Teleconference Overview at 6PM:

January 8

Spring Weekend Retreat: March 21 -23

Private sessions or on your own with daily emails for guidance are available.

More on the 7-Days to
Wellness Programs



Investment Learning Programs

January: Introduction to Money Management and Investing for Teens and Adults

Register online at www.pgparke.com and select the Activities and Events option to search for your class session



Upcoming Spring Outdoor Fun

[Register Online](#)

April 5: Hike the trails at Cash Lake in Maryland

April 5: Hike, Lunch, and Wine in Maryland

May 31: Hike along the Appalachian Trail in Virginia

May 31: Hike, Lunch, and Wine in Virginia

June 14: Kayak, Lunch, and Wine in Maryland

June 14: Hike, Lunch, and Wine in Maryland

June 15: Hike, Lunch, and Wine in Virginia

June 15: Bring Your Own Kayak

June 18: Evening Meditation Hike

[Investment Learning Programs](#)

April: Introduction to Money Management and Investing
for Teens and Adults

www.pgparcs.org (Select Classes and Events and search
'money' for the list of classes available)



Fresco Excursions
Travel the World with Fun People!

2025 Excursion

African American History Tour Series:

***Year 1, Coming to America Visiting Jamestown,
Williamsburg, Norfolk, and Virginia Beach***

June 19-23, 2025

(5 spaces available)

**[*Join the Mailing List for the Fresco Adventure African American History
Tour Series](#)**